

Side-By-Side Study Instructions

The Side-By-Side (SBS) comparison is a way to help couples know each other in a deeper way by giving them information about how they prefer to operate in certain types of interactions. The kinds of interactions are defined from a work environment and relationships are truly work so the information can be abridged to other relationships like marriage. The interaction types are:

	Me	Other
Management Style		
Values		
Attitude		
Skills		
Driving Force		
Energy Direction		
Authority Orientation		
Role Perception		
Conflict Resolution		
Modes of Learning		
Blind Spots & Pitfalls		

To make the most of this homework assignment, read the part of the SBS that has your name in the top of each column. As you read you will notice that most everything written applies to you. If you see something that is, "Wow, that is really me!" mark it in a green highlight. If you see something that does not apply to you, mark it in red highlight. After you have read and marked your own description, go back and read the other's description and highlight it with the same kind of marks.

After you have a fuller understanding of what you have read, go to the categories above and put a short description for each blank.

Do not share your highlighting or blanks above until the counseling session, unless otherwise directed. This information will be valuable to you as you see your lives grow together.

R. W. (Bill) Buck, Jr., M.Ed., L.P.C. - Relationship Counselor

211 East Six Forks Road, Suite 210-B, Raleigh, North Carolina 27609 - (919) 821-7755

Copyright © 2001 by R. W. Buck, Jr., all rights reserved.